

Zechariah 9:9

Mark 11:8-9

Psalm 118:22

Hebrews 2:18

**To get through days of pain...****Reach out to \_\_\_\_\_.**

Matthew 26:36-38 (NIV) "Then Jesus went with his disciples to a place called Gethsemane, and he said to them, 'Sit here while I go over there and pray.' <sup>37</sup>He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. <sup>38</sup>Then he said to them, 'My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me.'"

**Reach out to \_\_\_\_\_.**

Mark 14:35-36 (NLT) "He went on a little farther and fell to the ground. He prayed that, if it were possible, the awful hour awaiting him might pass him by. <sup>36</sup>'Abba, Father,' he cried out, 'everything is possible for you. Please take this cup of suffering away from me. Yet I want your will to be done, not mine.'"

**To get through days of confusion...****Hold onto the \_\_\_\_\_.**

John 16:19-22 (NIV) "Jesus saw that they wanted to ask him about this, so he said to them, 'Are you asking one another what I meant when I said, "In a little while you will see me no more, and then after a little while you will see me"?' <sup>20</sup>Very truly I tell you, you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy. <sup>21</sup>A woman giving birth to a child has pain because her time has come; but when her baby is born she forgets the anguish because of her joy that a child is born into the world. <sup>22</sup>So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy.'"

John 11:25-26 (NIV) "I am the resurrection and the life. The one who believes in me will live, even though they die; <sup>26</sup>and whoever lives by believing in me will never die."

**To get to the days of joy...****Rely on the \_\_\_\_\_.**

Ephesians 1:19-20

Philippians 3:10